
MONDAY

Exercise Session 10.00–11.30

Spanish Class 10.30–13.00

OA 13.00–14.00

Go Ballroom Dancing 15.00–16.00

TUESDAY

Fruit & Veg Stall 10.00–16.00

IT Course 12.00–14.00

NA 13.00–14.00

Yoga Class 13.30–14.30

Boxercise Class 18.00–19.00

Arabic Language Class 18.00–20.00

Kathak Dance Class 18.00–20.00

Sing to Live Workshop 19.00–21.00

WEDNESDAY

Yoga Class 9.30–10.30

DA 10.00–11.00

Drop-In Health Check 10.00–12.00

Community Champions

Coffee Morning 10.00–12.30

Haute Couture Needlework 10.30–18.00

Italian Language Class 11.00–13.00

Yoga for the Eyes Session 13.00–15.30

Classic Film Screenings 14.00–17.30

AA 17.00–18.30

NA 19.30–21.00

THURSDAY

ESOL Classes 9.30–15.00

Depression Alliance 13.00–16.00

Bridge Club 13.00–16.00

Arabic Language Classes 18.00–20.00

NA 18.15–19.15

AA 18.30–19.30

FRIDAY

Sing to Live Workshop 10.00–12.00

Age UK Spanish Social Group 11.30–13.00

African Dance Class 14.30–17.00

Belly Dance Class 18.00–19.00

AA 18.30–20.00

SLAA 19.00–20.00

SATURDAY

Councillors Surgery 10.00–13.30
(First Saturday of Every Month)

AI-Anon 11.30–13.00

Ballet and Tap Dance Class 14.30–16.45

Table Tennis Session 14.30–17.00

Art Classes 16.00–17.00

SUNDAY

Ashtanga Yoga 11.15–12.30

Tango 13.00–17.00

AA 14.30–16.15

Chelsea Theatre is also available to hire for events and children's parties – call us on **0207 352 1967**